

# ADULT HEALTH HISTORY

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Date: \_\_\_\_\_

Previous Doctor: \_\_\_\_\_

Please take a few minutes to fill out both sides of this questionnaire. It will become part of the permanent medical record. All answers are confidential.

Main problem that you are here for: \_\_\_\_\_

## LIST ALL SURGERIES

Year	Surgery
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

## LIST ALL HOSPITALIZATIONS

Year	Illness
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

## MEDICATIONS

### DOSE

### FREQUENCY

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

## ALLERGIES

Medication	Reaction	Year
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

## LAST IMMUNIZATION

### YEAR

Pneumovax	_____
Flu	_____
Tetnaus	_____
Chicken Pox	_____
Hepatitis B	_____

## FAMILY HISTORY

	Living	Dead	Age	Medical Conditions
<b>Father</b>				
<b>Mother</b>				
<b>Brothers</b>				
<b>Sisters</b>				
<b>Children</b>				

Any other family members with serious conditions. Give relationships and disease.

## SOCIAL HISTORY

Occupation: \_\_\_\_\_

Retired (year) \_\_\_\_\_ Yes No

Marital Status \_\_\_\_\_

With whom do you live? \_\_\_\_\_

Residence location: \_\_\_\_\_

Hobbies: \_\_\_\_\_

Smoking \_\_\_\_\_ packs per day

Alcohol \_\_\_\_\_ per week

Coffee \_\_\_\_\_ cups per day

# REVIEW OF SYSTEMS (Check all that apply)

## NEUROLOGIC

- Stroke
- Seizures
- Fainting
- Light Headedness
- Spinning Dizziness
- Significant Headaches
- Numbness or Tingling
- Weakness of a Body Part
- Alzheimer's
- Parkinsonism

## EYES

- Loss of Vision
- Cataracts
- Glaucoma
- Eye Pain
- Double Vision

## EARS

- Deafness
- Ringing
- Frequent Infection
- Significant Wax

## NOSE & THROAT

- Sinus Infection
- Nasal Stuffiness
- Runny Nose
- Nosebleeds
- Bleeding Gums
- Abnormal Swallowing
- Hoarseness
- Allergies or Hay Fever

## RESPIRATORY

- Emphysema/COPD
- Asthma
- Frequent Cough
- Sputum Production
- Coughing Up Blood
- Pain with Breathing
- Shortness of Breathing (SOB)
- SOB if you Sleep on 1 Pillow
- Awaken with SOB

## HEART

- High Blood Pressure
- High Cholesterol
- Heart Attack
- Angina
- Chest Pain or Pressure
- Fast Heartbeat
- Slow Heartbeat
- Irregular Heartbeat
- Poor Circulation
- Swelling of Feet
- Heart Murmur

## LIVER

- Gallstone History
- Jaundice History
- Hepatitis History

## GASTROINTESTINAL

- Ulcer History
- Heartburn
- Nausea or Vomiting
- Belly Pain
- Black or Bloody Stools
- Diarrhea
- Constipation
- Weight Loss

## KIDNEY

- Stones
- Infection

## URINARY

- Burning
- Bloody
- Dribbling
- Frequent
- More Than Once Nightly
- Weak Stream

## BLOOD

- Transfusion History
- Blood Clot
- Anemia (Low Blood Count)

## INFECTION HISTORY

- Exposure to TB
- Positive TB Test
- Rheumatic or Scarlet Fever
- Salmonella or Shigella
- Gonorrhea or Syphilis
- Chlamydia or PID
- AIDS or HIV

## MUSCULOSKELETAL

- Arthritis
- Gout
- Joint Pain
- Joint Swelling
- Neck Pain
- Back Pain
- Hernia

## ENDOCRINE

- Diabetes
- Thyroid Problem

## PSYCHOLOGICAL

- Depression
- Anxiety Disorder
- Nervous Breakdown
- Excessive Worry
- Crying Spells
- Sleeping Difficulty
- Thoughts of Suicide

## SKIN/MUCOSA

- Psoriasis
- Cancer
- Gingivitis or Bleeding Gums
- Dentures

## MEN

- Prostate Enlargement
- Other Prostate Problems
- Sexual Difficulty

## WOMEN

- Last Menstrual Period (When \_\_\_\_\_)
- Painful Menstrual Periods
- Other Menstrual Problems
- Menopause (When \_\_\_\_\_)
- Bleeding after Menopause
- Number of Pregnancies
- Number of Miscarriage
- Sexual Difficulty

## OTHER CONCERNS:

\_\_\_\_\_

\_\_\_\_\_

Are you concerned that you may have a special disease?

\_\_\_\_\_